



COVID-19 Liability Release Waiver

****Signature required prior to attending initial class.****

Due to the 2019-2020 outbreak of the novel Coronavirus (COVID-19), Shore Bliss Yoga & Wellness, LLC is taking extra precautions with the care of every student to include health history review and enhanced sanitation/disinfection procedures in accordance with the CDC guidelines.

Symptoms of COVID-19 include:

- Fever
- Fatigue
- Dry Cough
- Difficulty Breathing

I agree to the following:

- I understand the above symptoms and affirm that I, as well as all of my household members, do not currently have, nor have experienced the symptoms listed above WITHIN THE LAST 14 DAYS.
- I affirm that I, as well as all household members, have not been diagnosed with COVID-19 WITHIN THE PAST 30 DAYS.
- I affirm that I, as well as all household members, have not knowingly been exposed to anyone diagnosed with COVID-19 WITHIN THE PAST 14 DAYS.
- I affirm that I, as well as all household members, have not traveled outside of the country, or to any city considered to be a "hot spot" for COVID-19 infections WITHIN THE PAST 30 DAYS.
- I understand that Shore Bliss Yoga & Wellness, LLC and all instructors cannot be held liable for any exposure to the COVID-19 virus caused by misinformation on this form or the health history provided by each client.

Shore Bliss Yoga & Wellness, LLC is following these enhanced procedures to prevent the spread of COVID-19:

- Pre-registration for classes is required to ensure new limited numbers are not exceeded.
- Additional time is included between classes to prevent excessive student contact with each other.
- Each student is required to wash hands before arriving and to use hand sanitizer upon arrival to the studio and before leaving.
- All studio mats and blocks will be sanitized before and after each class.
- Hand towels will be provided for student use in case of coughing or sneezing and are cleaned after every class.
- All surfaces will be wiped thoroughly with hospital grade disinfectant before and after each class

By signing below, I agree to each statement above and release Shore Bliss Yoga & Wellness, LLC from any and all liability for the unintentional exposure or harm due to COVID-19.

All instructors at Shore Bliss Yoga & Wellness, LLC agrees to abide by these standards and affirms the same.

Student **Printed** Name

Student **Signature**

Date